

# Mama T's Truck Menu

## Wrap or Salad

### Lunch Bowls

#### **\$9.00 Santa Fe Bowl**

Grilled chicken breast, black beans, brown rice, sautéed peppers and onions, topped with cheese, fresh homemade salsa, and avocado

#### **\$9.00 Burque Bowl**

Savory shredded beef, green chili, black beans, brown rice, sautéed peppers and onions, topped with cheese, fresh homemade salsa, and avocado

#### **\$9.00 Not Your Mama's Frito Pie**

Organic Fritos, homemade chili beans, your choice of chicken **OR** shredded beef, topped with cheese, lettuce, tomato, red onion, fresh homemade salsa, and avocado

#### **\$8.00 Grilled Chicken Wrap**

Grilled chicken breast, mixed sweet peppers, tomato, cucumber, red onion, avocado and feta on a bed of spinach. Topped with your choice of Caesar, ranch, or poppy seed dressing.

Wrapped in a spinach tortilla

#### **\$8.00 Fresh Tuna Salad**

Wild caught tuna fish, celery, cucumber, pickles, mixed sweet peppers, and red onion mixed together on top of a bed of spinach. Topped with tomato, avocado, and toasted almonds

#### **\$8.00 Grilled Veggie Wrap**

Grilled zucchini, tomato, cucumber, red onion, mixed sweet peppers, avocado, hummus, and feta on a bed of spinach. Topped with your choice of Caesar, ranch, or poppy seed dressing.

Wrapped in a spinach tortilla

**\*All wraps come with chips\***

## Smoothies

**All smoothies are made with all-natural organic products. No added preservatives. Nutrient dense. Gluten Free, dairy free, & unpasteurized.**

### Flavors

Original Green  
Raw  
Greens Only  
Blueberry Lemon  
Strawberry Lime  
Peachy Colada  
Beet N' Berry  
Cashew Mocha

### Sizes & Prices

Snack Size (12oz) **\$5.00**  
Howler (20 oz) **\$7.00**  
Prowler (32 oz) **\$12.00**  
Growler (64 oz) **\$20.00**  
**\* Refill Growler \$18.00\***

