

Mama T's Truck Menu

Lunch Bowls

\$10.50 Santa Fe Bowl

Grilled chicken breast, black beans, brown rice, sautéed peppers and onions, topped with cheese, fresh homemade salsa, and avocado

\$10.50 Burque Bowl

Savory shredded beef, green chili, black beans, brown rice, sautéed peppers and onions, topped with cheese, fresh homemade salsa, and avocado

\$10.50 Not Your Mama's Frito Pie

Organic Fritos, homemade chili beans, your choice of chicken **OR** shredded beef, topped with cheese, lettuce, tomato, red onion, fresh homemade salsa, and avocado

Wrap or Salad

\$9.50 Grilled Chicken Wrap

Grilled chicken breast, mixed sweet peppers, tomato, cucumber, red onion, avocado and feta on a bed of spinach. Topped with your choice of Caesar, ranch, or poppy seed dressing. Wrapped in a spinach tortilla

\$9.50 Fresh Tuna Salad

Wild caught tuna fish, celery, cucumber, pickles, mixed sweet peppers, and red onion mixed together on top of a bed of spinach. Topped with tomato, avocado, and toasted almonds

\$9.50 Grilled Veggie Wrap

Grilled zucchini, tomato, cucumber, red onion, mixed sweet peppers, avocado, hummus, and feta on a bed of spinach. Topped with your choice of Caesar, ranch, or poppy seed dressing. Wrapped in a spinach tortilla

All wraps come with chips

Smoothies

All smoothies are made with all-natural organic products. No added preservatives. Nutrient dense. Gluten Free, dairy free, & unpasteurized.

Flavors

Sizes & Prices

Original Green	Snack Size (12oz) \$5.00
Raw	Howler (20 oz) \$7.00
Greens Only	Prowler (32 oz) \$12.00
Blueberry Lemon	Growler (64 oz) \$20.00
Strawberry Lime	* Refill Growler \$18.00*
Peachy Colada	
Beet N' Berry	
Cashew Mocha	

